

# APRIL

2019



I'm the **BOUNDLESS BERRY**

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger

M	T	W	TH	F
<p><u>Strudel/Cheese Stick</u></p> <p><b>Roasted Chicken</b> Broccoli, Roll, Baked Beans, Apple-Pineapple D'Lite</p> <p>1</p>	<p><u>Pancakes/Yogurt</u></p> <p><b>Nachos Grande</b> Beans, Salsa, Garnish, Tiny Tomatoes, Cucumbers, Fruit, Lime Sherbet Cup</p> <p>2</p>	<p><u>Kolache/Cheese Stick</u></p> <p><b>X-Treme Burrito</b> Salsa, Corn, Fresh Veggies, Garnish, Fruit</p> <p>3</p>	<p><u>Crackers/Cheese Stick</u></p> <p><b>Hamburger Steak</b> Brown Gravy, Biscuit, Roasted Potatoes, Salad, Fruity Jello</p> <p>4</p>	<p><u>French Toast/Yogurt</u></p> <p><b>Cheese Pizza</b> Carrots, Crunchy Broccoli Salad, Fruit, Brownie</p> <p>5</p>
<p><u>Cinnamon Pull-a-Parts/Cheese Stick</u></p> <p><b>Country Fried Steak</b> Gravy, Mashed Potatoes, Green Beans, Roll, Fruit</p> <p>8</p>	<p><u>Egg &amp; Cheese Empanada</u></p> <p><b>Meat &amp; Cheese Chalupas</b> Salsa, Cucumbers, Beans, Garnish, Applesauce</p> <p>9</p>	<p><u>Pancake Wrap</u></p> <p><b>Cheeseburger</b> Garnish, Broccoli, Sweet Potato Fries, Fruit, Rice Krispy Treat</p> <p>10</p>	<p><u>Cereal Bar/Yogurt</u></p> <p><b>Chicken Spaghetti</b> Salad, Carrots, Fruit</p> <p>11</p>	<p><u>Waffle/Cheese Stick</u></p> <p><b>Fish Sticks</b> Mac &amp; Cheese, Cole Slaw, Green Beans, Side Kick</p> <p>12</p>
<p><u>Sausage Biscuit</u></p> <p><b>Texas Basket</b> Fresh Veggies, Fruit</p> <p>15</p>	<p><u>Kolache/Cheese Stick</u></p> <p><b>Tex-Mex Stack</b> Beans, Tiny Tomatoes, Salsa, Garnish, Fruit</p> <p>16</p>	<p><u>Stuffed Bagel</u></p> <p><b>Pizza Pocket</b> Marinara Sauce, Tuscan Veggies, Salad, Fruit, Cookie</p> <p>17</p>	<p><u>Bread/Yogurt</u></p> <p><b>Mustang Chicken Bowl</b> Green Beans, Roll, Snowball Salad</p> <p>18</p>	<p><b>BAD WEATHER DAY</b></p> <p><b>NO SCHOOL</b></p> <p>19</p>
<p><u>Strudel/Cheese Stick</u></p> <p><b>Taquito &amp; Queso</b> Beans, Corn, Salsa, Fruit, Fruit Crisp</p> <p>22</p>	<p><u>Pancakes/Yogurt</u></p> <p><b>Chili Cheese Combo</b> Fresh Veggies, Fruit</p> <p>23</p>	<p><u>Kolache/Cheese Stick</u></p> <p><b>Chicken Nuggets</b> Mac &amp; Cheese, Green Beans, Salad, Fruit</p> <p>24</p>	<p><u>Crackers/Cheese Stick</u></p> <p><b>Fiesta Bowl</b> Bell Pepper Strips or Tiny Tomatoes, Fruity Jello</p> <p>25</p>	<p><u>French Toast/Yogurt</u></p> <p><b>Cheeseburger</b> Cucumbers, Carrots, Applesauce, Cookie</p> <p>26</p>
<p><u>Cinnamon Pull-a-Parts/Cheese Stick</u></p> <p><b>Steak Fingers</b> Gravy, Roll, Mashed Potatoes, Carrots, Fruit</p> <p>29</p>	<p><u>Egg &amp; Cheese Empanada</u></p> <p><b>French Bread Pizza</b> Marinara Sauce, Salad, California Veggies, Fruit, Pudding</p> <p>30</p>	<p><b>ART CONTEST ENDS</b></p> <p>"You ART What You Eat" Art Contest ENDS APRIL 12<sup>TH</sup> SquareMeals.org/artcontest</p>		

**GOOD EATS AT**

**Denver City ISD  
Kelley/Dodson  
Cafeteria**

**SPECIAL ANNOUNCEMENTS**

Breakfast is offered with fruit, milk and juice.

Lunch is served with a milk variety.

Food cannot be taken from the cafeteria.

*This menu is subject to change without notice.*



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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# BOUNDLESS BERRY

Strawberry



During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

## FUN FACT

Strawberry is the most popular berry in the United States.

## BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing and Running



**POW!**

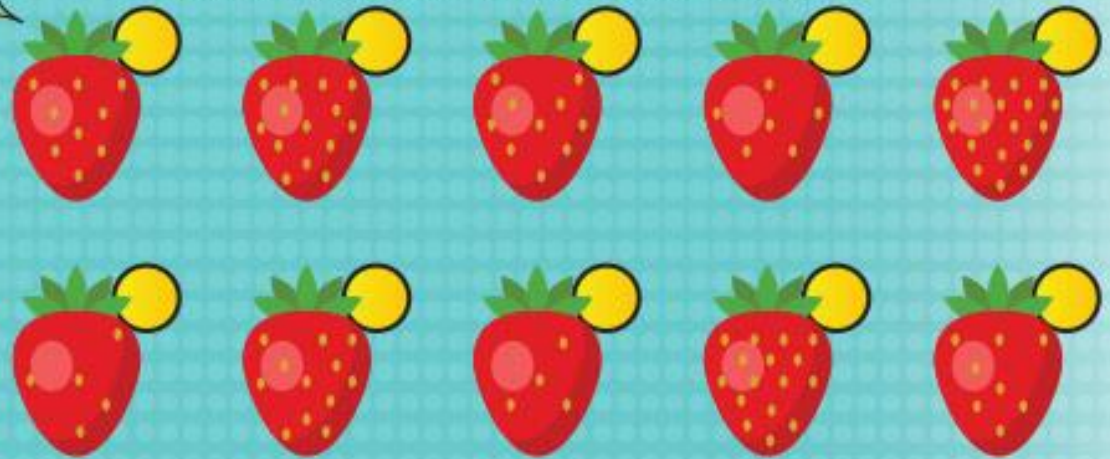
## ARCH ENEMY

Strawberry Flavored Candy



## COUNT 'EM!

Identify the correct number of seeds on each strawberry.



## JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension